

## PLOT 22

### **People Care Guidelines:**

- PLOT 22 is a special place where we can enjoy the simple pleasures of growing food to cook and share together. Whilst here we are all responsible for the safety of ourselves and each other. If you are bringing children please remember you are responsible for supervising them closely at all times.
- Ensure that you and anyone you are accompanying are wearing weather-appropriate clothing and footwear.
- It is important to arrive at the start of the session as we will be holding an opening circle to welcome and orientate everyone and share important safety messages.
- Please bear in mind that the site is by its nature hazardous: with open fires, ponds, fungi, insects, occasionally wild animal faeces, overhanging branches, and uneven or slippery ground.
- First Aid kits are located in the cabin. Fire circle safety, safe use of the wood burner, kettle, tools, and seasonal hazards will be explained at the start of each session.
- We have a compost toilet on-site and provide handwashing facilities.
- Please observe careful hygiene when preparing or eating food and help others you may be supporting to do the same.
- PLOT 22 is a no alcohol, no smoking, vegetarian site.
- Sometimes we allow participants to bring well-behaved dogs - please ask. They will need to be kept on a lead during the session.

### **Additional COVID-19 Guidelines (updated Nov 2021):**

- We limit numbers on site so booking is essential. Please don't turn up without booking - people who turn up without booking will be turned away, sorry!
- You must not attend any sessions if you or a member of your household has had symptoms of COVID-19 within 14 days prior to the session or had a positive test for COVID-19 within 14 days prior to the session or have been advised by Public Health England to self-isolate.
- If you have symptoms following a visit to PLOT 22 get tested immediately and let us know if the result is positive.
- Please bring your own water to drink.
- Whilst on-site please maintain physical distance between participants. In enclosed spaces like the cabin or polytunnel, you may be requested to use one at a time.
- Wash your hands when you arrive and leave the garden, facilities are provided.
- Wear gloves at all times while working in the garden, either your own or clean ones that we will supply and wash after each session.
- If children are on-site ensure that they stay within its confines and do not run around on communal paths and spaces.

### **Photo permission:**

- We ask that you do not take any photographs of people whilst on-site without first seeking their permission.
- Sometimes PLOT 22 session leads would like to take photos to record and share news of PLOT 22 activities online. We understand that you or someone you are responsible for may not want to appear in these photos and this may be for important reasons. Please let us know.