

About this space

PLOT 22 is small – but you can't see it all when you first enter the gate. A path leads you past flowers, vegetables and a rockery, through an archway of fruit trees to a secluded fire circle, trestle table and wooden cabin. If the stove is lit perhaps you will smell wood smoke. As you explore a clay oven and quiet seating area reveal themselves. Around the corner – under the grape vine and out past a pond – the path continues in a meandering curve through more vegetable beds and greenhouses towards a sunny circle by a large Ash stump, which still throws up new branches.

Back near the entrance, a narrower brick path marks two large interlocking circles. The space created where the circles overlap is planted with roses and herbs, and symbolises the shared place of connection between people and place, spirit and matter, life and death, mind and body, you and me. A place of alchemy!

Our approach

PLOT 22 was created and is maintained by volunteers, raising funds to host projects for specific groups, or attending regularly to care for the garden and support behind the scenes. We believe everyone has something to contribute and look for ways to encourage and develop this.

Our Circle Team of session facilitators meet regularly. Their shared purpose and collective responsibility help sustain PLOT 22. Project Founder Emma Houldsworth leads the organisation and supports the Circle Team, acting as main contact. Our Trustees support Emma and the Circle Team and ensure we meet our charitable aims.

Get involved

Visit our website www.plot22.org for more information on volunteering/project opportunities.

Support us by becoming a **Friend of PLOT 22**.

Sign up to our monthly newsletter for updates and to find out about events and opportunities.

Enjoy our **Quiet Garden, Meditation Circle and Skills Workshops**.

Get in touch info@plot22.org or 07717 467 862

Find your way

PLOT 22

Weald Allotments, Weald Avenue,
Hove, BN3 7JN

Walking: 50 minutes from central Brighton.

Bicycle: 10-20 minutes from central Brighton.

Bus: 5, 5a & 47 stop nearby on Old Shoreham Rd.

Train: Aldrington Station is 5 minutes walk away.

Car: Limited free parking on site and nearby



A place to be with the land in community



"Could it be possible that a landscape might have a deep friendship with you? That it could sense your presence and feel the care you extend towards it?"

John O'Donohue, poet & philosopher

Welcome to PLOT 22

We provide communal gardening, outdoor cooking and skills-sharing opportunities for local residents, families and groups experiencing additional challenges. This helps build friendships and develops our connection with the natural world. A community project since 2010 and a registered charity since 2016, PLOT 22 offers a place of shared belonging and endeavour. Many call it a haven.



PLOT 22 is an associate of the **Quiet Garden Movement.**

Current opportunities

Taster Sessions for adults. Help out in the garden, plus option to cook and share a meal together.

Growing Together welcomes people living with dementia, their carers and companions, and older isolated people.

Thyme & Space offers supportive sessions for women, gardening and sharing meal together.

Nature Discovery for children of all ages accompanied by a responsible adult.

Meditation Circle & Quiet Garden



Partnership work

PLOT 22 is a founding member of the **Green Wellbeing Alliance** – a collaboration of local organisations that provide therapeutic outdoor activities. We also work closely with other organisations to help more people benefit from being at PLOT 22. These currently include:

TouchBase - young people and refugees

Sensing Friends - young people with sensory impairments.

Switchboard - LGBTQ Dementia Group

Millview Hospital - adult mental health

See our website for previous collaborations.

Our ethos

People Care: PLOT 22 is a place where you can share in the planting, growing and eating of healthy seasonal food. You'll find a diverse group of people, contributing their unique skills and abilities to make the PLOT an enjoyable and rejuvenating place to be. Our connection to each other and the land deepens over time, Many tell us just being here helps them feel relaxed and refreshed.

Earth Care: There are many simple ways we can conserve our natural resources. We garden organically. harvest water and make compost. We work together in the spirit of kindness towards each other and extend this to the land and the non-human inhabitants. The design and the way we work is inspired by the principles of Permaculture.

Fair Share: PLOT 22 is a volunteer led charity. Produce grown together is shared by cooking and eating a **vegetarian** meal together or by offering surplus fruit and vegetables free to participants and volunteers. We operate in the spirit of transparency, collaboration and fairness.

We have a **no alcohol, no smoking** policy on site.



Everyone has something to contribute!